



Hundreds “Wear Their Heart on Their Sleeve” for KEYS Kids!

What a joy it was to see the photos of hundreds of people far and wide “wearing their hearts on their sleeve” for our KEYS kids on *Wear Your Heart on Your Sleeve Day* held February 29th! Thank you to everyone who purchased a heart & shared their photos on social media to show our KEYS kids you were thinking of them.♥ More than 600 hearts were sold raising just over \$1,200 to benefit our music outreach, family respite day and sibling support programs...*now that’s a lot of smiles!*



Time to Tune-Up the Cars for Our Summer “Smile Experience”!



It’s Spring and that means it’s time for our crew to tune up the race cars for this summer’s *Smile Experience* family respite day! Our *Smile Experience* is a fun-filled family day for kids who have been impacted by cancer. Once our KEYS kids enter the gate, there are balloons, music and 4 shiny race cars, just their size, for them to play with for the day. Each child puts on a driver’s suit and takes laps on track to the cheers of the fans. They get a trophy, sign autographs and even get interviewed by the track announcer. It is a day away from everyday struggles to be the happy, amazing family they are! Feel free to swing by the race shop at the KEYS Office in Sherrill to check out the cars & meet our crew!

Spring Music Classes for the Community to Benefit KEYS Outreach

The KEYS Program is offering a variety of music classes for the community to benefit the music outreach, family respite day and sibling support programs that we provide at no cost to kids battling cancer. C’mon out...learn something new...have some musical fun...all while helping to bring smiles to kids battling cancer.♥

Below are classes we are hosting this Spring at St. Peter’s Lutheran Church in Verona:

Empowerment Through Music (parents & children ages birth-age 4) Come experience the joy & benefits of music for young children! Adults & children will together be empowered to use music to learn, communicate, relax and get through day to day life. Includes: singing, instrument playing, movement & songwriting. Cost is \$60 per family for each 4 week session. Choose one segment... two segments...or all three! Segment #1: Mondays 10am-10:45am ~ March 21st through April 11th Segment #2: Thursdays 4:30pm-5:15pm ~ March 24th through April 14th Segment #3: Mondays 10am-10:45am ~ May 2nd through May 23rd **Registration deadline is March 20th.**

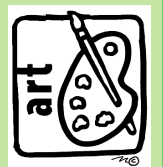


Autism Movement Therapy (ages 5+ and adults*) Autism Movement Therapy combines a structured program of movement & music, connecting the left and right hemispheres of the brain for a “whole brain” cognitive re-mapping approach that significantly increases concentration, focus, speech, language, and social interactions. **All participants must be appropriate for a structured group setting and have an adult/support person attend the*

class with them. Cost is \$90 for the 6 week session. Classes meet Thursdays from 4:30pm-5:15pm ~ April 21st through May 26th **Registration deadline for this class is April 14th.**

Music for Caregiver’s Wellness (adults) Caregivers will explore and learn to use a variety of music interventions to assist with stress relief and refocusing the body & mind to continue the dedicated work they do every day. Techniques will include drumming, progressive muscle relaxation, meditation, lyric analysis & songwriting. Cost is \$60 for the 4 week session. Classes meet Thursdays from 3:30pm-4:15pm ~ March 24th through April 14th **Registration deadline is March 20th.**

Music Therapy and Art for Caregivers Part II (adults) Caregivers will explore and learn to use music listening & art techniques for expression and communication. They will learn to identify the correct music and media (mandalas, collages, paint, chalk, etc) to be used based on the needs and abilities of the individual they care for. Cost is \$60 for the 4 week session. Classes meet Thursdays from 3:30pm-4:15pm ~April 21st through May 12th. **Registration deadline is April 14th.**



All classes are presented by our wonderful board certified music therapist Cindy Legwaila!

Contact KEYS at 315-363-6446 or keysprogram@msn.com to register TODAY!

Grandsong @ The Library

A Songwriting Class for Grandparents & Seniors



Try your hand at writing a special song for that special child in your life! Join songwriter Donna Mucks for this 3 week songwriting series for grandparents and seniors to explore the power of music and your power to create fun, meaningful treasures for your family. No musical experience required, just a desire to share! Cost is \$45 for the 3 week session. Classes meet on Tuesdays from 6:30pm-7:30pm on April 12, April 19 and April 26 at the Sherrill Kenwood Free Library. **Registration deadline is April 8th!**

Sweet Music @ The Library



What could be more relaxing than an evening of music...only an evening with CHOCOLATE and music! We invite you to join us for an evening of relaxation, music making and sweet treats on Tuesday, March 29th from 6:30pm-7:30pm at the Sherrill-Kenwood Free Library. Come explore and learn how the power of music can be an effective tool in pain management, stress reduction and help in healing. Admission is a donation of any size to the KEYS Program to support its music outreach.♥

Visit our website at www.theKEYSprogram.org!

What's Happening at KEYS!

- ◆ **March 1 through May 31** ~Whitesboro Music Boosters Shoe Drive to benefit the KEYS Program
- ◆ **March 15** ~Owen's special day with the Utica Comets
- ◆ **March 29** ~Sweet Music for the Heart & Soul 6:30pm @ Sherrill Kenwood Free Library, Sherrill
- ◆ **March 21 through May 23** ~Empowerment Through Music Class Mondays 10am-10:45am @ St. Peter's Lutheran Church, Verona
- ◆ **March 24 through April 14** ~Empowerment Through Music Class Thursdays 4:30pm-5:15pm @ St. Peter's Lutheran Church, Verona
- ◆ **March 24 through April 14** ~Music for Caregiver's Wellness Thursdays 3:30pm-4:15pm @ St. Peter's Lutheran Church, Verona
- ◆ **April 6** ~KEYS booth @ Hamilton College Wellness Fair, Clinton
- ◆ **April 12, 19, & 26** ~Grandsong 6:30pm @ Sherrill Kenwood Free Library, Sherrill
- ◆ **April 21 through May 26** ~Music Therapy & Art for Caregivers Thursdays 3:30pm-4:15pm @ St. Peter's Lutheran Church, Verona
- ◆ **April 21 through May 26** ~Autism Movement Therapy Thursdays 4:30pm-5:15pm @ St. Peter's Lutheran Church, Verona
- ◆ **April 30** ~KEYS booth @ Healthy Kids Day, Oneida YMCA
- ◆ **May 11** ~KEYS keynote speaker @ Catholic Women's Club, Utica
- ◆ **May 21** ~CNY Kids Expo 10am-4pm @ NYS Fairgrounds
- ◆ **June 11th** - Smiles for Hope Quarter Auction, 12-3pm @ Remsen Fire House, Remsen

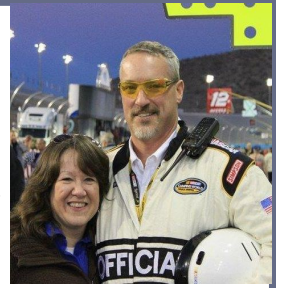
*****Save the Date!*****

August 28th ~KEYS Smile Experience Family Respite Day 12-3pm @ Oswego County Quarter Midget Track, Fulton

September 10th ~Get a team together and walk with us at KEYS annual Miles of Smiles Track Walk & Car Show 5-9pm @ Oswego County Quarter Midget Track, Fulton.

Meet David Bennett!

Many of you know that David and his wife Colleen founded KEYS, but did you know that David has worked in motorsports most of his life? Dave grew up working at local race tracks like Utica-Rome, Brookfield & Watkins



Glen...then raced go-karts & Late Models...and then toured as an Official with the PRO Tour, Busch North Series & NASCAR Sprint Cup Series. After traveling cross country for 10 years, David retired from NASCAR in 2011 in order to devote more time to his business and KEYS. He is the creator of our *Smile Experience* program, sharing his experience & love of racing to bring BIG smiles to our KEYS kids! ♥

Summer Music Camp



We are excited to announce our **Summer Music Camp** is back by popular demand! Our music teachers are putting together a variety of fun, creative summer music day camp experiences for students. **Info will be available on our website starting April 1st!**

We invite you to become part of our volunteer *Smile Crew*! Our awesome crew meets at 11am on the first Saturday of each month at the KEYS Office at 308 Sherrill Road in Sherrill. We hope you can join us!



Donate a Smile or Two!

All of our music outreach, family respite days and sibling support programs are provided at no cost to the families we serve. We depend on wonderful donors like YOU to make smiles possible throughout the year. Every \$20 you donate helps us to create another SMILE! If you'd like to help create smiles just once this year, or all year long, simply fill out the form below to make a tax-deductible donation today!

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Business/Foundation Name (if applicable): _____

I Want to Create a Smile Today! ~ Number of smiles you would like to donate: _____ x \$20 = \$ _____

I Want to Create Smiles All Year Long ~ I'd like to create smiles all year long with a monthly pledge of \$ _____

Please Check One: I have enclosed a check for my donation Please charge my credit card below for my donation

Credit Card Payment Card Type: _____ Visa _____ MasterCard _____ Discover _____ American Express _____ Other _____

Name on card: _____

Billing Address: _____ City: _____ State: _____ Zip: _____

Credit Card #: _____ Expiration: ____/____/____ CSC Code: _____

Signature: _____

Please make check payable to: **KEYS** and mail to: **308 Sherrill Road, Suite 100, Sherrill, NY 13461**

Phone: 315-363-6446 Email: keysprogram@msn.com website: www.theKEYSprogram.org

The KEYS Program is a 501c3 nonprofit children's music charity federal ID # 16-1609790 registered with the IRS and NYS Division of Charities. Donations are tax-deductible to the fullest extent of the law. Please consult your tax preparer.

Visit our website at www.theKEYSprogram.org!